

MARTIN ANDERSEN

Senior Center

Leisure with Dignity since 1983

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FEBRUARY

2025

CONTACT US

Martin Andersen Senior Center

1025 South Florida Avenue, Rockledge, FL 32955

321-631-7549

mandersenseniorcenter.org masc1025@att.net

Become a Member just \$25/year

Donations are always appreciated



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What's New & Upcoming!

- . ORGANIZING/UNCLUTTER WORK
 WORSKSHOP— 6-week course beginning Feb 5, Wed nights, 5:30—6:30
 starting Feb 5. See page 2.
- LEARN TO PLAY MAHJONG—started January 29, 1 pm to 3pm Bldg 3.
- FREE CONCERT— Lady Tandy, Feb 15. 6 pm—7pm.
- . SHELL ART Class—coming in March.
- CROCHET Crochet is added to knitting & crafts class Mondays, 9—11.
- LUNCH & LEARN Don't be scammed!
 Tue Feb 25 11:30 to 1—Bank presents
 Senior SCAM Prevention by Casandra
 Black. Bldg 2.
- DAY TRIP—Flamingo Gardens Mon, March 31, Davie, FL

2 / UNCLUTTER

BOARD OF

TRUSTEES

President—Dottie Maher

Vice-President—Linda Koenig

Treasurer—Roxy Wallenda

Asst. Treas.—Linda Koenig

Secretary—Christine Sylvester

Board Members— Craig

<u>6 week</u> Organizing Workshop!

We all have clutter. <u>Come learn to control that clutter</u>, organize what you just can't part with and make more room.

This workshop will be very informative and lots of fun. So bring a friend! Starts on Wednesday, February 5 from 5:30 pm to 6:30 pm., Bldg 2.

BE A LIFE SAVER



WOULD YOU HELP? VOLUNTEER FOR JUST A 3 HOUR SHIFT ONE DAY A WEEK (9:00 TO NOON OR NOON TO 3:00pm). PLEASE CONSIDER JOINING OUR TEAM.

MARTIN ANDERSEN SENIOR CENTER IS A NOT-FOR-PROFIT 501C (3) ORGANIZATION. EVERYONE HERE ARE VOLUNTEERS AND THEY ARE SO APPRECIATED. SINCE NEW CLASSES ARE ADDED OFTEN NEW VOLUNTEERS ARE NEEDED. Can you spare 3 hours one day a week? Have fun doing it and be our hero.

FRONT DESK HOSTESSES & GREETERS ARE VITAL TO INFORM, & WELCOME OUR VISITORS.

There are many areas you you.

Dottie Maher, President

FREE CONCERT



DON'T FORGET <u>SATURDAY NIGHT DANCES</u> — 2nd & 4th Saturday nights 7:00 to 9:00 pm (doors open at 6:30 pm)

Live music with Janice & Renee: \$7 members—\$8 non-members. Includes snacks, coffee, water & ice (/Sodas and Keurig available for 75

MASC ACTIVITIES, V	VORKSHO	JP3	Q CL	433E3		FEBRUARY 2025
025 S Florida Ave, Rockledge, FL		BLDG	Cost	Cost		
IONDAY	TIMES	<u>#</u>	Member	Non-Member		Contact/Instructor
Quilters & Sewing	9:00-12:00	3	\$1	\$2		Barbara Smith 321-639-8475
Bone Builders	9:00-10:00	1	(by E	Donation)		RSVP 321-631-2749
Crafts/Knitting/Crochet	9:00- 11:00	3	\$1	\$2		Maryin Smoker 321-639-8256
Learn to play BRIDGE	10:00-11:30	2	\$4	\$5		Kay Henry (info call 513-432-7200
TAP dance Intermed.	10:30-12:00	1	\$6	\$7		Lori Wellington 321-632-1648
Party Bridge	12:15-4:00	2	\$4	\$5		Kate Redmon 513-432-7200
Line Dance Beginner Foundation	6:00p-7:30pm	1	\$3	\$4		Debby Linder 321-961-6210
UESDAY						
Art & Painting	9:00-12:00	3	\$2	\$3		Gloria Grantmaier 321-444-9534
Stretch & Exercise	9:00-10:00	1	\$2	\$4		Roxy 321-631-7549
Choral Group	10:00-12:00	2	\$2	\$4		Carol McLeod 321-626-3139
Canasta, Hand & Foot	10:00-2:00	3	\$2	\$4	t ba	Cassie Packer 321-635-9584 Fran
Line Dancing Intermed.	12:00-1:30	1	\$3	\$4		Sistie LaCentra 321-636-6935
Gentle Yoga	2:00-3:00	2	\$6	\$45		Ruby Saunders 321-446-7063
Tai Chai	2:00-3:00		•	date to be ann	ounced	Call 321-631-7549
Sit & Get Fit advanced	6:30p-7:30pm	1	\$2	\$4	- Carreea	Jeanette White
ZUMBA	6:00p-7:00pm		\$4	\$5		Jackie Lewis 321-208-5259
VEDNESDAY	6.00p-7.00p11		34	3 3		Jackie Lewis 321-200-3233
Concert/Jazz Band	9:00-2:00	2	\$2	\$4		Ben Gonzalez 909-659-4202
Bone Builders		1		Donation)		RSVP 321-631-2749
TOPS (weight loss)	9:00-10:00	3		TOPS)		
	9:30-11:00					Valerie A. Alday
Writers Group	10:00-11:30	3	\$2	\$4		Sue Perry 321-636-9153 Carol Cov
Tribal Style Belly Dance	11:00-12:00	1	\$2	\$4		Rose Zeiglar
Sit & Get Fit (Stix)	1:00-2:00	1	\$2	\$4		Jeanette White
Mahjong (American)	1:00-3:00	3	\$1	\$3		Linda Koenig
Spanish Conversational	12:30-2:30	3	\$2	\$3		Darsi Benitez 786-355-0105
HURSDAY						
Water Colors beg-inter.	9:00-12:00	3	\$2	\$4		Sherry Brubaker 954-496-5554
Stretch & Exercise	9:00-10:30	1	\$2	\$3		Roxy 321-631-7549
TAP dance intermed.	10:30-12:00	1	\$6	\$7		Lori Wellington 321-632-1648
Karaoke	11:00-3:00	2	\$2	\$4		Mike Schuler 321-268-2013
Yoga Gentle	2:00-3:00	3	\$6	\$7		Ruby Saunders 321-446-7063
Yoga Chair	2:00-3:00	1	\$2	\$4		Shelly Anderson 321-626-1969
TOPS (weight loss)	6p - 7:30pm	3	(se	e TOPS)		Gina English
Sit & Get Fit advanced	6:30p -7:30pn	1	\$2	\$4		Jeanette White
RIDAY						
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Party Bridge	12:15-4:00	2	\$4	\$5		Kate Redmon 513-432-7200
Spanish Beginners	12:30-2:00	3	\$2	\$4		Steve Lumbert 719 250-3703
Ballroom Dance	2:00-3:00	1	\$5	\$6		Barbara Bristol 321-452-1944

6/ MAHJONG

AMERICAN MAHJONG





Come Learn and Play
WEDNESDAYS 1 pm—3 pm Bldg 3
\$1 members, \$2 non-members

LUNCH AND LEARN

DON'T BE SCAMMED! 11:30 am—1 pm, Bldg 2.



A workshop you just can't miss!

Learn about SCAM prevention presented by bank representative, Casanda Black.

8 / DAY TRIPS & TOURS

MARCH UPCOMING DAY TRIP

DAY TRIP offered by All About You Travel Unlimited (321) 631-8080.



FLAMINGO GARDENS

DAVIE, FL Monday, March 31, 2025.

Includes Lunch, Guided tour, Round trip motor coach transportation, bus driver taxes & gratuities.

Pick up time at Martin Andersen Senior Center: 9:30 am. One of the oldest botanical gardens & attraction in Florida. Flamingo Gardens' Everglades Sanctuary is home to alligators, bobcats, eagles, otters, panthers, peacocks, flamingos.

Join the fun. Check out our bulletin board for other trips.

Martin Andersen Senior Center <u>located</u> behind Arby's and the Community Credit Union in Rockledge.

Address: 1025 S Florida Avenue





MARTIN ANDERSEN SENIOR CENTER IS A NOT FOR PROFIT ORGANIZATION - PLEASE CONSIDER MAKING A TAX DEDUCTIBLE DONATION.
HELP US GROW, THRIVE, AND SERVE OUR SENIORS.
THANK YOU