

Martin Andersen Senior Center

October, 2022

Activity	Weekly Schedule	Cost*
Andersen Quilters	Monday 9:00 - 12:00 - Bldg #3	\$1/\$2
Art & Painting	Tuesday & Friday 9:00 -12:00 - Bldg #3	\$1/\$2
Ballroom Dancing	Friday 2:00 - 3:00 - Bldg #1	\$5/\$6
Bone Builders	Monday, Wednesday, Friday 9:00 -10:00 - Bldg #1	**
Brown Bag & Book Club*****	Every 3rd Wednesday - Bldg #3	\$1/\$2
Busy Fingers Crafts	Monday 9:00 - 11:00 - Bldg #3	\$1/\$2
Canasta Needs Players	Tuesday 10:00 - 2:00 - Bldg #3	\$1/\$2
Chair Stretch & Balance	2nd & 4th Thursday - Bldg #1	\$1/\$2
Chair Yoga (Video Exercise)	Friday 11:30 - 12:30 - Bldg #1	\$1/\$2
Choral Group	Tuesday 10:00 - 12:00 - Bldg #2	\$1/\$2
Dance (Social Couples & Singles)	2nd & 4th Saturday 7:00 - 10:00 - Bldg #2	\$7/\$8
Gentle Yoga	Tuesday 2:00 - 3:00, Friday 10:30 - 11:30 - Bldg #2	\$6/\$7
Grief Counseling	2nd & 4th Tuesday - Bldg #1	\$1/\$2
Intermediate Tap	Monday & Thursday 10:30 - 12:00 - Bldg #1	\$6/\$7
Karaoke	Thursday 12:00 - 3:00 - Bldg #2	\$1/\$2
Line Dancing	Tuesday 12:00 - 1:30 - Bldg #1	\$1/\$2
Morning Stretch & Exercise	Tuesday & Thursday 9:00 - 10:30 - Bldg #1	\$1/\$2
Party Bridge	Friday 12:15 - 4:00 - Bldg #2	\$1/\$2
Pinochle	Thursday 9:00 - 3:00 - Bldg #3	\$1/\$2
Sewing Circle	4th Thursday 10:30 - 1:00 - Bldg #3	\$1/\$2
SHINE Counselor***	Thursday 9:45 - 11:45 - Bldg #1	\$1/\$2
Sit & Fit (Video Exercise)	Mon 12:30 - 1:30, Wed 11:30 - 12:30 - Bldg #1	\$1/\$2
Spanish (All)	Monday 1:00 - 2:00 - Bldg #3	\$1/\$2
Spanish (Conversational)	Wednesday 1:00 - 2:00 - Bldg #3	\$1/\$2
Spanish (Beginning)	Friday - 1:00 - 2:00 - Bldg #3	\$1/\$2
Tai Chi	Tuesday 2:00 - 3:00 - Bldg #1	\$6/\$7
TOPS ****	Wednesday 9:30 - 11:00 - Bldg #2	TOPS
Water Colors (Begin/Interm)	Thursday 9:00 - 12:00 - Bldg #3	\$1/\$2
Writing Workshop	Wednesday 9:30 - 11:30 - Bldg #3	\$1/\$2

* Member/Non-member

** Donation RSVP 321 631-2749

*** Shine

**** TOPS

***** Bring a bag lunch

Office Hours 9:00 AM to 3:00 PM if volunteer available

1025 South Florida Avenue

Phone: 321 255-4494

Rockledge, FL 32955

masc1025@att.net

Website: Mandersenseniiorcenter.org