

MASC ACTIVITIES, WORKSHOPS & CLASSES

FEBRUARY 2025

1025 S Florida Ave, Rockledge, FL



		BLDG	Cost	Cost	
MONDAY	TIMES	#	Member	Non-Member	Contact/Instructor
Quilters & Sewing	9:00-12:00	3	\$1	\$2	Barbara Smith 321-639-8475
Bone Builders	9:00-10:00	1	<i>(by Donation)</i>		RSVP 321-631-2749
Crafts/Knitting/Crochet	9:00- 11:00	3	\$1	\$2	Maryin Smoker 321-639-8256
Learn to play BRIDGE	10:00-11:30	2	\$4	\$5	Kay Henry (info call 513-432-7200)
TAP dance Intermed.	10:30-12:00	1	\$6	\$7	Lori Wellington 321-632-1648
Party Bridge	12:15-4:00	2	\$4	\$5	Kate Redmon 513-432-7200
Line Dance Beginner Foundation	6:00p-7:30pm	1	\$3	\$4	Debby Linder 321-961-6210
TUESDAY					
Art & Painting	9:00-12:00	3	\$2	\$3	Gloria Grantmaier 321-444-9534
Stretch & Exercise	9:00-10:00	1	\$2	\$4	Roxy 321-631-7549
Choral Group	10:00-12:00	2	\$2	\$4	Carol McLeod 321-626-3139
Canasta, Hand & Foot	10:00-2:00	3	\$2	\$4	t ba Cassie Packer 321-635-9584 Fran
Line Dancing Intermed.	12:00-1:30	1	\$3	\$4	Sistie LaCentra 321-636-6935
Gentle Yoga	2:00-3:00	2	\$6	\$45	Ruby Saunders 321-446-7063
Tai Chai	2:00-3:00	1	<i>start date to be announced</i>		Call 321-631-7549
Sit & Get Fit advanced	6:30p-7:30pm	1	\$2	\$4	Jeanette White
ZUMBA	6:00p-7:00pm	2	\$4	\$5	Jackie Lewis 321-208-5259
WEDNESDAY					
Concert/Jazz Band	9:00-2:00	2	\$2	\$4	Ben Gonzalez 909-659-4202
Bone Builders	9:00-10:00	1	<i>(by Donation)</i>		RSVP 321-631-2749
TOPS (weight loss)	9:30-11:00	3	<i>(See TOPS)</i>		Valerie A. Alday
Writers Group	10:00-11:30	3	\$2	\$4	Sue Perry 321-636-9153 Carol Covert
Tribal Style Belly Dance	11:00-12:00	1	\$2	\$4	Rose Zeiglar
Sit & Get Fit (Stix)	1:00-2:00	1	\$2	\$4	Jeanette White
Mahjong (American)	1:00-3:00	3	\$1	\$3	Linda Koenig
Spanish Conversational	12:30-2:30	3	\$2	\$3	Darsi Benitez 786-355-0105
THURSDAY					
Water Colors beg-inter.	9:00-12:00	3	\$2	\$4	Sherry Brubaker 954-496-5554
Stretch & Exercise	9:00-10:30	1	\$2	\$3	Roxy 321-631-7549
TAP dance intermed.	10:30-12:00	1	\$6	\$7	Lori Wellington 321-632-1648
Karaoke	11:00-3:00	2	\$2	\$4	Mike Schuler 321-268-2013
Yoga Gentle	2:00-3:00	3	\$6	\$7	Ruby Saunders 321-446-7063
Yoga Chair	2:00-3:00	1	\$2	\$4	Shelly Anderson 321-626-1969
TOPS (weight loss)	6p - 7:30pm	3	<i>(see TOPS)</i>		Gina English
Sit & Get Fit advanced	6:30p - 7:30pm	1	\$2	\$4	Jeanette White
FRIDAY					
Art & Painting	9:00-12:00	3	\$2	\$3	Gloria Grantmair 321-444-9534
Bone Builders	9:00-10:00	1	<i>(by Donation)</i>		RSVP 321-631-2749
Learn to play BRIDGE	10:00-11:30	2	\$4	\$5	Kay Henry (info call 513-432-7200)
Line Dancing beginner	10:30-11:30	1	\$3	\$4	Debby Linder 321-961-6210
Sit & Get Fit (Stix)	12:00-1:00	1	\$2	\$4	Jeanette White
Party Bridge	12:15-4:00	2	\$4	\$5	Kate Redmon 513-432-7200
Spanish Beginners	12:30-2:00	3	\$2	\$4	Steve Lumbert 719 250-3703
Ballroom Dance	2:00-3:00	1	\$5	\$6	Barbara Bristol 321-452-1944