

MARTIN ANDERSEN SENIOR CENTER (321) 631-7549
SCHEDULE OF ACTIVITIES Effective October 3, 2022

MONDAY-FRIDAY (Member/Non-Member)	TIME	BLDG	COST	CONTACT/INSTRUCTOR
MONDAY				
Andersen Quilters	9:00-12:00	#3	\$1.00/\$2.00	Barbara Smith 639 8475
Bone Builders	9:00-10:00	#1	Donation	RSVP321-631-2749
Busy Fingers Crafts	9:00-11:00	#3	\$1.00/\$2.00	Maryln Smoker 639-8256
Intermediate Tap	10:30-12:00	#1	\$6.00/\$7.00	Lori Wellington 632-1648
Party Bridge	12:15-4:00	#2	\$3.00/\$4.00	Beverly Thomas 632-6314
Video Exercise (Sit and Fit)	12:30-1:30	#1	\$1.00/\$2.00	Valerie Alday 321-368-9265
Spanish Class-ALL	1:00-2:00	#3	\$1.00/\$2.00	Al Packard453-5098
TUESDAY				
Art & Painting	9:00-12:00	#3	\$1.00/\$2.00	Joan Brennan 321-305-6955
Morning Stretch & Exercise	9:00-10:30	#1	\$1.00/\$2.00	631-7549
*SHINE Counselor	9:45-11:45	#1		Andy 321-367-0639
Choral Group	10:00-12:00	#2	\$1.00/\$2.00	Rita Rinehart 454-3014
Grief Counseling 2 nd & 4 th Tues	10:00-12:00	#3		Elisa Millay 253-2222
Canasta <i>Needs players</i>	10:00-2:00	#3	\$1.00/\$2.00	Cassie Packer 321-635-9584
Line Dancing	12:00-1:30	#1	\$2.00/\$3.00	Sistie LaCentra 636-6935
Gentle Yoga	2:00-3:00	#2	\$6.00/\$7.00	Ruby Saunders446-7063
Tai Chi	2:00-3:00	#1	\$6.00/\$7.00	Tom Abbott 208-7148
WEDNESDAY				
Bone Builders	9:00-10:00	#1	Donation	RSVP321-631-2749
TOPS	9:30 –11:00	#2	See TOPS	Valerie A. Alday 321-368-9265
Writing Workshop	9:30-11:30	#3	\$1.00/\$2.00	Ina Masters 636-3493
Video Exercise (Sit and Fit)	11:30-12:30	#1	\$1.00/\$2.00	Valerie Alday 321-368-9265
Spanish Conversational Class	1:00- 2:30	#3	\$1.00/\$2.00	Darsi Benitez 786-355-0105
Book Club (3 rd Wed)	12:00- 1:00	#3	\$1.00/\$2.00	Paula Teixeira (bring your lunch)
THURSDAY				
Water Colors (Begin/Inter)	9:00-12:00	#3	\$1.00/\$2.00	Sherry Brubbaker
Pinochle	9:00-3:00	#3	\$1.00/\$2.00	Mike Mikkelson 321-557-2376
Morning Stretch & Exercise	9:00-10:30	#1	\$1.00/\$2.00	631-7549
*SHINE Counselor	9:45-11:45	#1		Janet 321-345-6061
Intermediate Tap	10:30-12:00	#1	\$6.00/\$7.00	Lori Wellington 632-1648
Sewing Circle (4 th Thurs)	10:30-1:00	#3	\$1.00/\$2.00	Debbie Hixenbaugh 407-758-2853
Karaoke	11:00-3:00	#2	\$1.00/\$2.00	Mike Schuler 321-26/-2013
Chair Stretch and Balance(2 nd &4 th)	2:00-2:50	#1	\$1.00/\$2.00	Shelly Anderson 626-1969
FRIDAY				
Art & Painting	9:00-12:00	#3	\$1.00/\$2.00	Joan Brennan 321-305-6955
Bone Builders	9:00-10:00	#1	Donation	RSVP321-631-2749
Gentle Yoga	10:30-11:30	#2	\$6.00/\$7.00	Ruby Saunders446-7063
Party Bridge	12:15-4:00	#2	\$3.00/\$4.00	Beverly Thomas 632-6314
Video Exercise (Chair Yoga)	11:30-12:30	#1	\$1.00/\$2.00	Valerie Alday 321-368-9265
Spanish Class-Beginner Plus	1:00-2:00	#3	\$1.00/\$2.00	Al Packard 321- 453-5098
Ballroom Dancing Class	2:00-3:00	#1	\$5.00/\$6.00	Barbara Bristol 452-1944
SATURDAY				
<i>Dance2nd& 4th Sat</i>	<i>7:00-10:00pm</i>	<i>#2</i>	<i>\$7.00/\$8.00</i>	<i>631-7549</i>

Office Hours 9AM to 3PM if a volunteer is available.
New website: Manderseniorcenter.org